



MEALS

BEVERAGES
MENU



THE CAFÉ LOUNGE

breakfast

NEVER WORK BEFORE BREAKFAST
if YOU HAVE TO WORK BEFORE BREAKFAST, GET YOUR BREAKFAST 1st

Served on a toasted english muffin or Gluten-free bread (Add R4.00)

Scrambled egg & bacon	30 ⁰⁰
Scrambled egg, savoury mince & bacon	42 ⁰⁰
French Option: french toast, bacon, banana, maple syrup & pecan nuts	40 ⁰⁰
Extra slice of toast with butter & jam	5 ⁰⁰
Executive breakfast (pre-booked only)	80

toasted sandwiches



Made with love on your choice bread:

Rye Bread - Add R3.00

Seed Roll - Add R3.00

☑ Gluten-Free Bread - Add R4.00

☑ Toasted cheese	12 ⁰⁰
Toasted ham & Cheese	22 ⁰⁰
☑ Toasted cheese & tomato	18 ⁰⁰
Toasted ham cheese & tomato	25 ⁰⁰
Toasted chicken & mayonnaise	30 ⁰⁰
★ Speciality ★	
☑ Fresh pear served on a seed roll, topped with grilled brie cheese	38 ⁰⁰

gourmet sandwiches

Delicious gourmet sandwiches served with potato wedges or a side salad.
Served on your choice of bread:

100% Rye Bread - Add R3.00

☑ Gluten-free Bread - Add R4.00

Lettuce & tomato topped with hot beef strips & grilled haloumi cheese	45 ⁰⁰
Chicken, pepadews, mushroom & onion topped with mozzarella	42 ⁰⁰
☑ Brown mushroom, topped with grilled haloumi cheese, rosa tomatoes & onion marmalade	40 ⁰⁰
Lettuce, tomato & chicken mayonnaise	38 ⁰⁰

something savoury



Scrumptious meals to satisfy the peckish and ravenous alike

Bacon & cheese muffin served with cheese & butter	22 ⁰⁰
☑ Roasted butternut & feta muffin served with sweet chilli sauce and cheese	22 ⁰⁰
Gourmet hamburger with homemade patty, served with your choice of potato wedges or a side salad	42 ⁰⁰
Extra side salad	12 ⁰⁰

quiche of the day

Ask your waiter for the flavour of the day

Quiche of the day with a side salad	30 ⁰⁰
☑ Spinach, feta & cream cheese quiche with a side salad	30 ⁰⁰

sweet treats

Something for the sweet tooth in all of us!

Be sure to see the blackboard as well as the display table
for all the delicious delights that we have on offer.

☑ = Vegetarian

☑ = Gluten-free

Good cooking takes time. If you are made to wait, it is to serve you better,
and to please you.

something for the kids

Big meals for little people

Hot Dog.....	8 ⁰⁰
Two fish fingers & potato wedges.....	10 ⁰⁰
Chicken sausage & potato wedges.....	10 ⁰⁰

cold beverages & water

Assorted Cold Beverages

Coke, Coke-Light, Fanta, Sprite.....	10 ⁰⁰
Appletiser & Grapeliser.....	14 ⁰⁰
Iced tea.....	12 ⁰⁰
Kids iced tea.....	7 ⁰⁰
Still mineral water.....	7 ⁰⁰
Sparkling mineral water.....	9 ⁰⁰
Fruit juice (orange or mango).....	12 ⁰⁰
Small Liqueurfruit.....	8 ⁰⁰
Large milkshake.....	20 ⁰⁰
Small milkshake.....	12 ⁰⁰



hot beverages

We take our coffee seriously. The coffees that we serve are prepared according to strict international standards. We use a choice blend of organically-grown Arabica beans, roasted to perfection, that will yield a burst of flavour on your tongue, and a wonderfully lingering aftertaste on your palate.

Cappuccino ~ the traditional morning coffee

1/3 cup: shot of fresh espresso extracted over 23 seconds	Regular 15⁰⁰ Grande 18⁰⁰
1/3 cup: steamed milk heated to 65 degrees celcius	
1/3 cup: foamed milk to produce an insulating layer	

Caffe Latte ~ the enjoyable milky coffee drink

2/3 steamed milk poured into a heated glass mug	Regular 15⁰⁰ Vanilla 18⁰⁰ Hazelnut 18⁰⁰
1/3 shot of fresh espresso extracted over 23 seconds	
a cap of dense foamed milk to finish	
add either vanilla or hazelnut for a winning drink	

Caffe Mocha ~ the best of both worlds

sweet & creamy blended hot chocolate powder	Regular 18⁰⁰
1/3 shot of fresh espresso extracted over 23 seconds	
2/3 steamed milk poured into a heated glass mug	
if you're sweet enough already, then don't add sugar!	

Caffe Americana ~ the black coffee

2/3 cup of boiling water	Regular 12⁰⁰
1/3 shot of fresh espresso extracted over 23 seconds	
request either a small jug of water or cold milk to suit	

Espresso ~ just the coffee; nothing more, nothing less

a fresh shot of espresso extracted over 23 seconds	Single 10⁰⁰ Double 13⁰⁰
its honey-like crema indicates freshness	
Served with a glass of water to clean your palate	

All coffee beverages are available in decaf

Tea: English / Rooibos.....	10 ⁰⁰
Tea: Earl Grey.....	12 ⁰⁰
Hot Chocolate.....	18 ⁰⁰

*Thank you for choosing to spend your time with us at the Cafe Lounge
We hope that you have enjoyed your experience here.*

We regret, absolutely no cheques accepted.

It is appropriate to add no less than a 10% gratuity on the final amount of your bill.

*Should you wish to make a table booking, please consult with the management.
Contact number: 013 243 1969 / 70*

Cafe Lounge Operating Hours: Tuesday to Friday 08:30 - 16:00

*For more information on Solid Ground Church please visit
www.solidground.co.za*

Right of Admission Reserved

Menu Updated 8 June 2011



THE CAFÉ LOUNGE
